

## Professional Disclosure Statement

Rob Womack, M.Div; LPC

I completed my graduate education receiving a Masters of Divinity and a Masters of Arts in Counseling from Wake Forest University, Winston-Salem, NC in May, 2010. I am a member of the Licensed Professional Counselors Association of North Carolina and American Counseling Association. I am a professional counselor licensed by the state of North Carolina (LPC #8253). In addition, I am a minister ordained by Watts Street Baptist Church. My formal training in the mental health profession and experience began in 2008.

Persons whom I serve:

- ◆ Individual adults, both male and female.
- ◆ Persons entering adulthood
- ◆ Couples engaged as well as married including LGBTQ & interfaith partners,
- ◆ Senior adults adjusting to aging, marital difficulties, conducting life reviews, and facing the end of life
- ◆ Adults recovering from eating disorders, substance abuse, anger, anxiety, depression, and trauma history
- ◆ Graduate Students
- ◆ Leaders, laypersons and families of diverse faith communities
- ◆ Psycho-educational and support groups

Our sessions will generally last 60 minutes. Clients determine their fee for sessions. As this is an unorthodox practice, I will offer some information at our initial session and on my website that will be helpful in your determination. I am paneled as in-network with Cigna, Aetna, & E4Health. These third party payers reimburse me \$60-\$62 per session minus your co-pay.

Sessions will be held at 3001 Academy Road, Suite 130, in Durham, NC. I sub-lease my office from Wellness Station. Our practices operate independently. I am not available to clients 24/7. If you feel your needs require such access, we can discuss those needs and I can help you with an appropriate referral.

In our sessions I offer the following services. First of all, I will be particularly interested to explore your strengths, fears, values and experiences. Due to my theoretical orientation in attachment theory, emotion-focused therapy, and interpersonal neurobiology, these four variables seem to have great bearing on the client's abilities to explore avenues of healing. I also tend to believe one's relationships and sense of trust and security have a great bearing on overall health. In addition, I also hold a Rogerian, client-centered, non-directive outlook to the counseling practice. Therefore I feel each client comes with their own worldview. I trust you will help me to learn what matters to you so our work together can be most worthwhile for you. My role is to create an environment where you will feel safe enough to heal. I trust that through empathy, unconditional respect, authenticity, and listening, the counselor and client can collaborate to discover and achieve the goals you seek.

I am willing to collaborate with your physician or psychiatrist for the purposes of diagnosis and medication management. Providing prescriptions or making recommendations for medications is outside of my scope of practice. I do provide mental health diagnoses for the purposes of insurance reimbursement. Please be aware that such diagnoses become a permanent part of your medical record. My practice is based on a non-medical approach to emotional, physical, spiritual, and psychological care.

What you choose to share in our counseling sessions is held in confidence. This means, unless you permit, nothing will be shared outside of our session. Exceptions to this confidentiality include: If I fear you may be of harm to yourself, to others, to property or if there is indication of child or elder abuse, I am required by law to notify an appropriate party to protect you and those around you. Also, if I am ordered by the court, it will be necessary to disclose confidential information. The records of our sessions are always available to you.

## Overview of Complaint Procedures

In the event you feel a need to file a complaint, you are asked to attempt to resolve the complaint with me. If this is not possible, you should utilize the complaint procedures of the North Carolina Board of Licensed Professional Counselors. They can be reached at PO Box 77819, Greensboro, NC 27417; by phone at 844-622-3572 or 336-217-6007; by fax at 336-217-9450; or email [LPCinfo@ncblpc.org](mailto:LPCinfo@ncblpc.org). Further information and a complaint form may be found at <http://www.ncblpc.org/license-info/complaints>. The complaint procedure is copied below:

If you wish to file a complaint against a North Carolina licensed professional counselor, you may do so by placing that complaint in writing and sending it to the NCBLPC. According to the American Counseling Association's Ethical Guidelines, you should attempt to resolve your complaint with the counselor directly. If this is not successful, you may place your concerns in writing, citing the ACA ethical codes you believe to have been broken, and submit along with a completed NCBLPC Complaint Form to the board. The board will assign your complaint a number so no names will be known to anyone but the board attorney, administrator, and ethics chair. Once the complaint has been received, notification is sent to the counselor against which the complaint was filed allowing him or her to respond to the alleged charges. If necessary, the board will investigate the complaint and issue a ruling after gathering all necessary information. Investigations will not be made unless complaints are in writing and signed by the complainant.

1. Submit the complaint on the Board's Complaint Form available for down load below. Additional documents needed to complete the complaint form are: the Code of Ethics, Article 24 and Title 21 Chapter 53. These documents are also available on this website. Specific breaches of the Code of Ethics or law (Article 24 and Title 21 Chapter 53) need to be listed on the complaint form or on additional pages, and any additional evidence deemed as essential should also be included with the complaint form.
2. The completed complaint form is received in the Board's office. The complaint is logged into a database and assigned a complaint number. The counselor is sent a certified letter and a copy of the complaint and is given an opportunity to respond in writing to the complaint. A letter is also sent to the person filing the complaint acknowledging the receipt of the complaint and informing the person of the complaint number. After receiving the complaint number any additional information forwarded to the Board's office should include the complaint number so it can be easily identified as additional information to the complaint.
3. Copies of the complaint are also forwarded to the Board's Ethics Committee for review. When the counselor's reply is received, this is also forwarded to the members of the Ethics Committee.
4. At the next scheduled Board meeting the Ethics Committee reviews with the Board details of the complaint received and the response from the counselor. The Board makes a decision as to what the next step should be. The Board meets approximately every three months.
5. All complaints must follow due process and are not resolved immediately

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Client's Signature / Date

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Client's Signature / Date

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Client's Printed Name

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Client's Printed Name

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Robert P. Womack, Jr. / Date